



Position Description: Trainer

Interns will shadow a RH Academy certified coach during their daily tasks and responsibilities. Interns will assist with organizing drills and analyzing player performance. Interns must be committed to the welfare and development of the student-athletes. Interns must be able to demonstrate creativity, initiative and be able to thrive in fast paced environments. Interns are expected to have a passion for coaching and a hunger to learn the ins and outs of what it takes to become an effective trainer. Interns will work in a fast-paced environment and be expected to articulate properly a drill assigned by the head coach of said position. By shadowing our experienced coaching staff, interns will learn how to properly and effectively communicate drills and instruction to student-athletes. Interns will be required to keep detailed notes tracking the performance and progression of student athlete in their respective position group.

Responsibilities include:

- Recruiting athletes
- Organizing drills
- Carrying out duties assigned by position coach
- Analyzing player performance
- Provide player performance breakdowns following each training session